THE FOUNTAIN

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6th General Membership Meeting

Casino Español de Cebu, Cebu City | September 4, 2023

Basic Education and Literacy Month

Programme

PART 1

Call to Order	 JOMAR PONCE President		
Invocation	 AUDIO VISUAL PRESENTATION		
Philippine Anthem	 AUDIO VISUAL PRESENTATION		
The Rotary Hymn	 AUDIO VISUAL PRESENTATION		
Four Way Test and Objects of Rotary	 ATTY. ERNESTO MIGUEL B. AMORES Director, Vocational Service		
Introduction of Rotarians Spouses, Visiting Rotarians Rotaractors Guest	 ATTY. BENARDINO AMAGO IV Chairman, The Rotary Foundation		
PART 2			
Welcome Remarks	 JOSE MARIE PONCE President		
Introduction of New Members	 ATTY. SYDRICK G. DEIPARINE Director, Membership		
Charging of New Members	 ROSEL SUMAYO Assistant Governor, Area 1D		
Induction of New Members	 MARY ANNE ALCORDO SOLOMON End Polio Now Coordinator, Zone 10A		
Presentation of Certificates / Token	 JOSE MARIE PONCE President		
Inspirational Message	 JOSEPH MICHEAL ESPINA Past District Governor		
PART 3			
Rotaract's Time			
President's Time	 JOSE MARIE PONCE President		
Other matters			
Adjournment	 JOSE MARIE PONCE President		



Hosted by: DR. MARICEL AMORES Past President

INVOCATION

Our Father, we thank you for the mercy of your welcome to us as we come to you in prayer. Here we would seek the energy we need for problem handling and load carrying in the week before us. We would ask for new and renewed visions, that we may see beyond our horizons, and have a real sense of your will for us. Help us to realize the worth of all we do at work, at home and in fellowship together, and guide us into even greater service in your kingdom. Amen.

...Fellowship Continues...

Quote for the Week

"You must be the change you wish to see in the world." - Mahatma Gandhi







President's essessage Dear Fellow RCCF Rotarians,













I hope this message finds you all in good health and high spirits. It is with great excitement and a sense of purpose that I address you today.

As many of you are already aware, we are gearing up for a significant event that not only reflects our commitment to service but also underscores our dedication to preserving our environment. The Rotary Club of Cebu Fuente, in collaboration with the Rotary Club of Naga Central, is leading a District-wide project in Naga, under the capable guidance of our Assistant Governor Bernz Amago.

The project at hand involves two vital aspects of our environmental responsibility – mangrove planting and cleanup efforts. These initiatives are not just symbolic; they are concrete steps towards a more sustainable and healthier environment. I want to take a moment to emphasize the importance of this project and why each one of us should wholeheartedly participate.

Mangroves, often referred to as "nature's lungs," play a crucial role in maintaining the ecological balance of our coastal areas. They protect our shores from erosion, provide habitat for countless marine species, and act as a

> buffer against the impacts of climate change. By engaging in mangrove planting, we are not only restoring nature's balance but also contributing to the well-being of our communities.

The clean-up efforts are equally significant. Pollution and waste pose a severe threat to our environment, wildlife, and human health. By taking part in the clean-up activities, we are not only beautifying our surroundings but also sending a powerful message about responsible stewardship of our planet.

> I urge each and every one of you to be counted and actively participate in this District-wide project. Let us recognize the gravity of the situation and the impact we can make when we work together as Rotarians.

Our Assistant Governor Bernz Amago, will be instrumental in coordinating this effort, and I have full confidence in his leadership and dedication. Let's rally behind him and show our collective commitment to the principles of Rotary.

Together, we can make a real difference. Let us leave a lasting legacy of environmental stewardship for future generations. I look forward to seeing you all at the project site in Naga, ready to make a positive impact on our environment and our community.

Thank you for your unwavering support and dedication to the Rotary Club of Cebu Fuente.

Yours in Rotary service,

JOSE MANE "JOMAR" PONCE President, FX 2023-2024 Rotary Club of Cebu Fuente







From Secretary's Desk

PATRICK L. YARED Secretary, RY 2023 - 2024

ATTENDANCE

	ROTARY ID#	LAST NAME	FIRST NAME	5th 08/14	6th 09/04	7th 09/11	8th 09/27
1.	6726464	Abad	Jose Alfonso		4		
2.	6581939	Abarintos	Conrado	J			
3.	8794289	Abay-Abay	Emman Reyan	J			
4.	9330462	Amago IV	Atty. Bernardino	J			
5.	11227470	Amores	Atty. Ernesto Miguel	J			
6.	6218949	Amores	Maricel	J			
7.	3362897	Barba	Richard	J			
8.	6207695	Baring	Engr. Jesselito	1			
9	10954392	Deiparine	Atty. Sydrick Jose Andrei	1			
10.	11227514	Elendrino	Glenford				
11.	2036342	Espina	Arch. Joseph Michael				
12.	5983997	Filipino	Rogelio				
13.	11614251	Gratones	Regie				
14.	10411469	lcamen	Francis Edhilson				
15.	8944393	Jang	Pouly				
16.	3516557	Karamihan	Dave John				
17.	8599266	Kaufmann	Marina				
18.	9804883	Llegunas	Kristoffer	J			
19.	8794288	Lomanta	Atty. Lolita				
20.	10709899	Ong	Jason	√			
21.	6726443	Pasion	Ma. Consolacion				
22.	10410040	Ponce	Jose Marie	J			
23.	8599268	Rimaz	Ma. Dolores	V			
24.	5476140	San Pedro	Luz Filipinas				
25.	8794286	Senerpida	Dr. Alain				
26.	11103868	Spaller	Herminia				
27.	3264107	Solomon	Mary Anne				
28.	8543450	Sulay	Kendrick				
29.	9330558	Tesalona	Emmanuel				
30.	5176670	Torres	Arch. Manuel, Jr.	1			
31.	10410033	Yared	Patrick				
			TOTAL ATTENDEES	13			



BIRTHDAYS

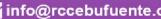
September 10 **Gingging Lomanta** September 20 **PP Sol Pasion** September 25 **Inday Rimaz**

WEDDING ANNIVERSARY

September 01 September 08 September 08 September 20

Pres. Jomar & Daryl Ponce PP Rogelio & Rosa Filipino PP Julio & Alicia Gonzalez Atty. Sydrick & Yeni Deiparine









Peace in practice

he International Day of Peace takes place 21 September. The United Nations General Assembly declared this a day devoted to strengthening the ideals of peace through observing 24 hours of nonviolence and cease-fire.

It is not enough, as people of action, to simply avoid making war. If we are to Create Hope in the World, we must aggressively wage peace.

Where can we begin? There are countless armed conflicts around the world, and the global population of displaced people is higher than ever. The opportunities are nearly limitless, but the cycles of violence and hardship seem endless.

My advice is to start small but think big. I look to Rotary members in Pakistan and India for inspiration.

In March 2020, about 50 Rotary members from Pakistan met about 50 Rotary members from India at Kartarpur Sahib, a shrine in Pakistan. The sanctuary honors Guru Nanak, the founder of Sikhism, a religion practiced in both countries. Tensions between the two countries barred many religious pilgrims from India from visiting the shrine. That is, until Pakistan opened a visa-free pathway to them in 2019.

Earlier this year, Rotary members from opposite sides of the border again met at the shrine, this time with about twice as many participants.

Any work toward building peace needs to be brave and bold. What these Rotary members have done is just that. The Pakistani government took an important step toward peace when it admitted Indian pilgrims to the Kartarpur Sahib shrine, but Pakistani Rotary members took the next step when they welcomed Rotary members from India as friends and family. That is Positive Peace at work.

These peacebuilders did not stop there. Club representatives at this year's meeting signed twin club certificates to recognize their long-term commitment to continue to learn from each other and to work together on more peacebuilding efforts, and they have held joint meetings via video chat.

The importance of communicating with and learning from another culture cannot be overstated, and Rotary is making it even easier to do so. One way of engaging in cross-cultural dialogue and building relationships across borders is through virtual international exchanges that build on our current programs and make them more accessible.

A virtual exchange uses online platforms to connect people from different parts of the world so they can share their traditions, priorities, values, and more. Virtual exchanges can serve as a window to another part of the world through activities such as teaching a digital cooking class, learning a new language, or even designing service projects with a global impact.

These online chats have the potential to inspire new connections and more respect between societies. Taking that knowledge and using it to better the lives of our fellow human beings is the next step.

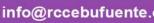
Let's see where it takes us.

R. GORDON R. MCINALLY

President, Rotary International

Photograph by Monika Lozinska









TRUSTEE CHAIR'S MESSAGE

Create your Rotary moment

When was your Rotary moment? It's when you realize that being part of Rotary means more than just showing up for a meeting, when you discover you are part of something that changes the lives of others as it changes yours.

I will never forget the moment when I learned about Daniel, a Haitian child. Rotary Foundation Trustee Greg Podd, who at the time was serving with me on an RI committee, had been trying to get Daniel on a plane for urgent heart surgery through the Gift of Life program. But Daniel couldn't get the visa to travel, and doctors had given him only months to live.

When Greg told me this, I remembered that Gift of Life was operating in Haiti and we could do the surgery there. This was on a Wednesday. Greg helped get ahold of Daniel's medical records. The Gift of Life surgeon I knew — who visited only once or twice every month - happened to be in Haiti. By Thursday, the surgeon had looked over the medical charts and told us that he could repair Daniel's heart but said he was traveling soon. We had to get Daniel to a medical facility by Friday morning.

Daniel and his parents rode 90 minutes on a scooter through the bumpy roads of rural Haiti to get to the facility, and the surgeon successfully performed the procedure. Thankful, Greg and I moved on to other projects.

A few months later, I got an email with a picture of Daniel. I will never forget his smiling face, despite the foot-long scar running down his chest, and what he wrote: "I know you helped me. You saved my life. Thank you."

On behalf of Daniel and countless others, I am passing along that gratitude to all Rotary members who have helped or will help this year.

The beauty of Rotary, especially with The Rotary Foundation, is that we can create these Rotary moments anytime. Just reach out to others in Rotary and discuss our work. Our caring network, our dedicated volunteers, and available resources will take care of the rest.

If two people can make such a difference, imagine what we can accomplish by working together in larger groups through The Rotary Foundation. Picture the impact of clubs within a district joining forces for a Foundation district grant to boost literacy, or two districts from different parts of the world transforming a community through a water, sanitation, and hygiene global grant.

If you haven't discovered your Rotary moment yet, keep searching. Serving Rotary through our Foundation is a great place to find it, and it will change your life.

BARRY RASSIN

Foundation trustee chair

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Akira Miki

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Greg E. Podd

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Carlos Sandoval Delgado

San Nicolás de los Garza, Mexico

Dennis J. Shore

Hawthorn, Australia

GENERAL SECRETARY

John Hewko

Kyiv, Ukraine









SERVICE ABOVE SELF

THE FOUR-WAY TEST

Of the things we think, say, or do:

- 1.) Is it the truth?
- **2.)** Is it fair to all concerned?
- **3.)** Will it build goodwill and better friendships?
- **4.)** Will it be beneficial to all concerned?

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service:

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians: As a Rotarian, I will

- **1.)** Act with integrity and high ethical standards in my personal and professional life
- 2.) Deal fairly with others and treat them and their occupations with respect
- 3.) Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4.) Avoid behavior that reflects adversely on Rotary or other Rotarians
- **5.)** Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.







RCCF New Members

WELCOME



ATTY. KRISTINE CENTINO ANDRINO Classification: **Local Government Law**



ARCH, JASON H. HONRADA **Classification:** Architecture



JOSHUA TAN Classification: **Government Customs**

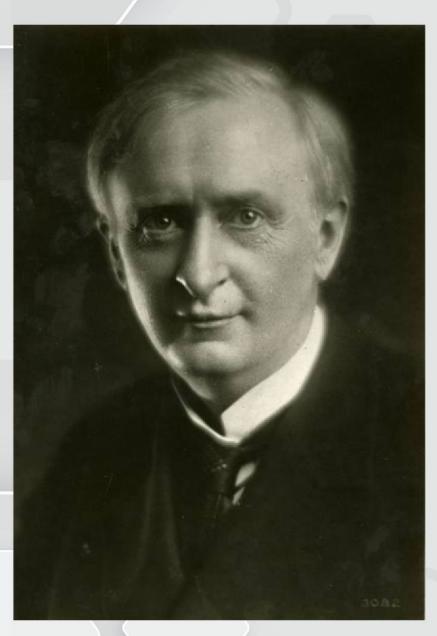


ENGR. LOWELL A. PAPELLERO Classification: **Electronics Engineering**



Rotary Info

Rotary's Two Official Mottoes



Arthur Frederick Sheldon, the Rotarian whose convention speech inspired Rotary's secondary motto, One Profits Most Who Serves Best

Service Above Self and One Profits Most Who Serves Best, Rotary's official mottoes, can be traced back to the early days of the organization.

In 1911, the second Rotary convention, in Portland, Oregon, USA, approved He Profits Most Who Serves Best as the Rotary motto. The wording was adapted from a speech that Rotarian Arthur Frederick Sheldon delivered to the first convention, held in Chicago the previous year. Sheldon declared that "only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best."

The Portland gathering also inspired the motto Service

Above Self. During an outing on the Columbia River, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, USA, talked with Seattle Rotarian J.E. Pinkham about the proper way to organize a Rotary club, offering the principle his club had adopted: Service, Not





Rotary Info



Self. Pinkham invited Rotary founder Paul Harris, who also was on the trip, to join their conversation. Harris asked Collins to address the convention, and the phrase Service, Not Self was met with great enthusiasm.



A name badge from the 1928 Rotary International Convention features Rotary's mottoes.

At the 1950 Rotary International Convention in Detroit, Michigan, USA, two slogans were formally approved as the official mottoes of Rotary: He Profits Most Who Serves Best and Service Above *Self.* The 1989

Legislation established Service Above Self as the principal motto of Rotary because it best conveys the philosophy of unselfish volunteer service. He Profits Most Who Serves Best was

Council on

modified to They Profit Most Who Serve Best in 2004 and to its current wording, One Profits Most Who Serves Best, in 2010.





Celebrate Community Week











For help developing projects or connecting with other service organizations' clubs, or if you have questions related to Celebrate Community Week, write to rotary.service@rotary.org.

During the week of 11-17 September, Rotary and Rotaract clubs around the world will partner with nearby Kiwanis, Lions, and Optimist clubs on service projects related to health and wellness, food insecurity and hunger, education and literacy, and the environment. When we join together, there's no limit on the positive impact we can create in our communities. So start planning today!

- Visit Rotary Showcase for ideas and to record your shared project under the Celebrate Community campaign.
- ▶ Mark yourself as "going" to the Celebrate Community 2023 Facebook event.
- Share pictures on social media during that week, using the hashtag #CelebrateCommunity.



Rotary Info

People of action around the globe

By Brad Webber

children under age 15 who live in poverty



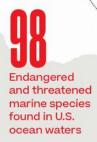
Since 2014, members of the Rotary Club of Seminole Lake, Florida, have ventured on service trips to Belize with a focus on the welfare of children: constructing school playgrounds and providing educational assistance, clothing, and medical screenings. "The kids had a recess period but little for them to do," says David Buzza, a past club president. Three years ago the club forged ties with the Rotary Club of Belmopan, Belize. In February, Rotary members helped construct a seventh playground in Belize and helped hand out 1,500 pieces of new clothing, along with toiletries and backpacks. The Florida Rotarians added to the Belmopan club's existing wheelchair distribution project with a May shipment of 30 wheelchairs.





United States

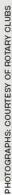
The Indian River Lagoon along Florida's Atlantic coast is home to some 3,500 plant and animal species. In January, District 6970 and the Rotary clubs of New Smyrna Beach and Edgewater introduced a tide pool exhibit in the Marine Discovery Center in New Smyrna Beach. The display is home to horseshoe crabs, sea stars, sea urchins, hermit crabs, marine snails, and other small oceanic creatures. "Having that opportunity to see the animals up close is a very engaging experience," says Chad Truxall, the center's executive director. "It's been fun for us to have this additional tool to share the story of the Indian River Lagoon." A district grant provided \$20,000, the New Smyrna Beach club devoted \$10,000, and the Edgewater club another \$5,000 toward the cost of the exhibit, representing just a portion of the financial and volunteer contributions Rotarians have made to the marine center over the past decade.













Rotary Info

The pandemic's toll on older people struck especially close to home for the Rotary Club of Cornwall Sunrise in southeastern Ontario. "Until COVID, our club met at a seniors residence, and the need for the residents to be able to get out was made clear to us," says club member Elizabeth "Bette" Miller, a past governor of District 7040. To ease the isolation of the town's older population, the Cornwall Sunrise club teamed up with the Rotary Club of Cornwall and their city government to introduce Seniors on Wheels tours on threewheeled cycle rickshaws. Volunteers pedal seniors around on seasonal tours along the St. Lawrence River. "The trishaw is used primarily by local seniors who would otherwise be unable to enjoy the beautiful scenery," says Miller, whose club contributed an initial CA\$3,000 (US\$2,500) for the project. "The routes for the trishaws follow the bike paths with stops at points of interest, many of which are projects Rotary has partnered on with the city." Volunteers and their passengers covered a cumulative 300 miles last year.







Portion of Canada's seniors who say they experience social isolation



United Kingdom

Some people will walk through fire for a good cause — literally. More than 50 participants hotfooted across wood embers during a fire walk charity event in April sponsored by the Rotary Club of Newton Abbot. The sizzling jaunts, to taiko drumbeats, raised more than \$11,000 through sponsorship pledges for charities. The club brought in a professional fire walking company to stage the event. Organizers offered a "motivational psychology fear-busting seminar" before the challenge. The secret? Walk in a controlled, fast manner, says Past Club President Phil Millichap. He and 2022-23 Club President Jeremy Newcombe were among the Rotarians who put their feet to the fire. "Top tip: If you fall over, which one lady did, get up quickly," Millichap advises.



900-1,000° F

Ideal temperature for fire walking coals



India

In Visakhapatnam, along the Bay of Bengal, Rotary members launched an innovative plastics recycling and youth employment project. Participants from the nonprofit India Youth for Society collect plastic bottles from drop-off locations and beaches and process the plastics into small chips that are sold to recyclers. The nonprofit's goal is to make the operation self-supporting. About eight young people were working on-site as the processing plant scaled up production in June, and as many as 25 people eventually could work at the facility. The roughly \$120,000 project is supported in part by a global grant sponsored by the Rotary clubs of Lake District Moinabad, India, and Naperville Sunrise, Illinois, with contributions from other Rotary clubs in the United States and India. Among its accolades is an award from the American Academy of Environmental Engineers & Scientists. "I wanted to get the academy's feedback and make [the project] more robust using their suggestions," says Prakasam "Prakash" Tata, a retired environmental engineer and a member of the Rotary Club of Naperville, Illinois. "But lo and behold, I heard, 'You won the grand prize.'"

Club of Lake District Rotary Club of Naperville Sunris

Rotary

Estimated time for a plastic bottle to degrade









CREATE HOPE in the WORLD

When we nurture peace, opportunities, and one another, we help heal the world and create lasting change.

Let's create hope by:

- · Confronting stigmas, expanding access, and raising awareness about the importance of mental health
- Fostering understanding and strengthening connections through virtual exchanges
- Unlocking the power of girls and women around the world

Learn more at rotary.org/initiatives23-24













EMPOWER THROUGH EDUCATION

Rotary members are creating community-driven, sustainable projects to improve access to quality education around the world. Your gift to The Rotary Foundation's Annual Fund supports these projects to inspire learning at all ages.

GIVE TODAY: rotary.org/donate





08-14-2023 5th RCCF GMM RY 2023 - 2024















08-19-2023 Brigada Eskwela















08-19-2023 Cancer Fair 2023















08-19-2023 Cancer Fair 2023















08-26-2023 August 2023 Area Coordination **Meeting (ACOM)**















08-26-2023 Rotaract Club of Cebu Fuente USC **Annual Induction**















08-27-2023 Mental Health Workshop















08-31-2023 Rotary Smiles **Cleft Lip | Cleft Palate Surgical Mission**















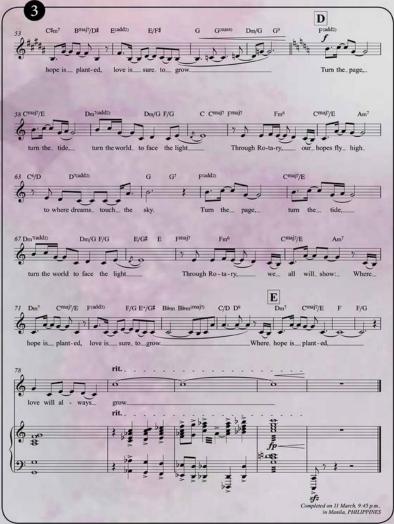
Hope Creating Theme Song

Where Hope is Planted

Lyrics by: Cathy Azanza-Dy Music by: Joel Balsamo Arrangement by: TJ Ramos Sung by: Poppert Bernadas









SINGAPORE | 25-29 MAY 2024

When the Rotary family comes together for the 2024 Rotary International Convention in Singapore, we'll share ideas, friendship, inspiration, and hope — with each other and the world! Register and pay by 15 December 2023 before prices increase.



Register today at convention.rotary.org







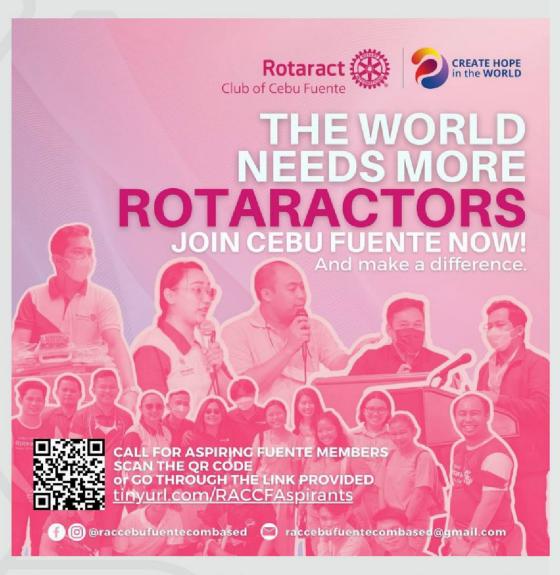
Rotaract Corner

Be a Rotaractor and let's create hope in the world.

Why choose Rotaract Club of Cebu Fuente?

We have a dynamic and diverse group of young leaders who are passionate about service and personal growth.

Our club offers a wide range of community projects, service initiatives including focused on education, health, environmental sustainability, and more.



We organize leadership development workshops, guest speaker sessions, and networking events to help you enhance your skills and connect with likeminded individuals.

By joining Rotaract, you become part of a global network of young leaders through our affiliation with Rotary International.

If you're ready to make a difference and be a part of something greater, we invite you to join the Rotaract Club of Cebu Fuente. To express your interest or request more information, please scan the QR code or go to the link: tinyurl.com/RACCFAspirants provided. We look forward to hearing from you!









100% PAUL HARRIS CLUB

in Rotary International District 3860 for RY 2016 - 2017

Invite someone to become a



Rotarian today. **Join Leaders Exchange Ideas Take Action**









Spread the Word!

